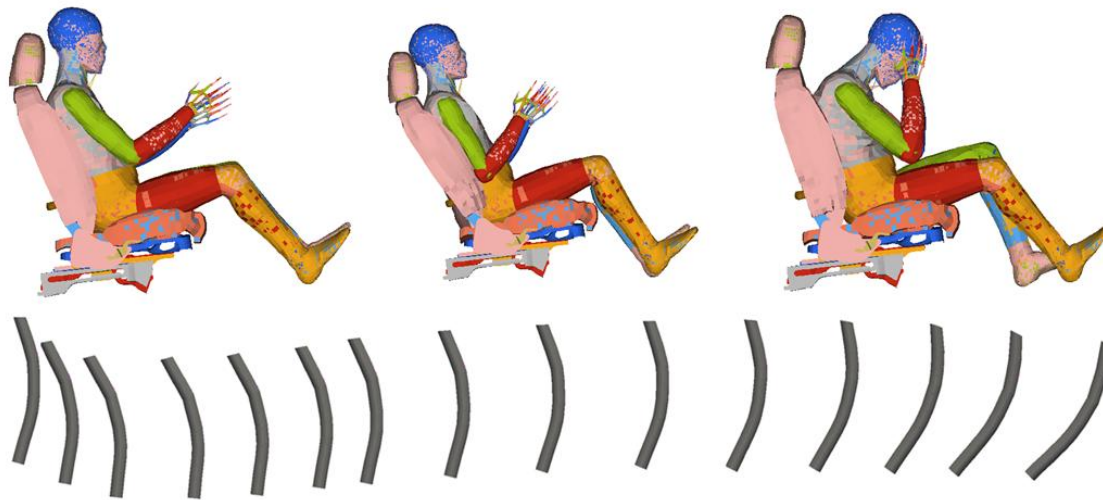


# Modelling of Whiplash Trauma

Parametric study of rear-end impacts using FEM and CFD



Andreu Oliver González  
Mourya Vanama

# Outline

- Introduction
- Objective
- Methodology
- Results
- Conclusions
- Future Scope



# Statistics – Whiplash Injuries

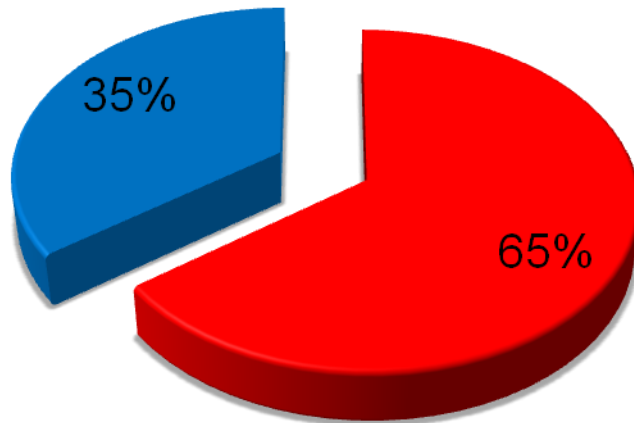


High cost to the society

# Statistics – Whiplash Injuries

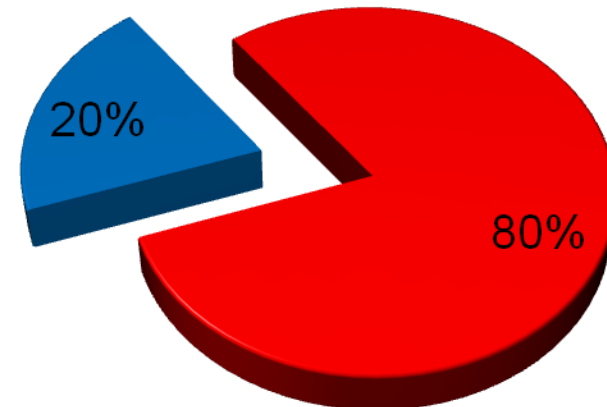
## Traffic Accidents

■ Whiplash Injuries ■ Other injuries



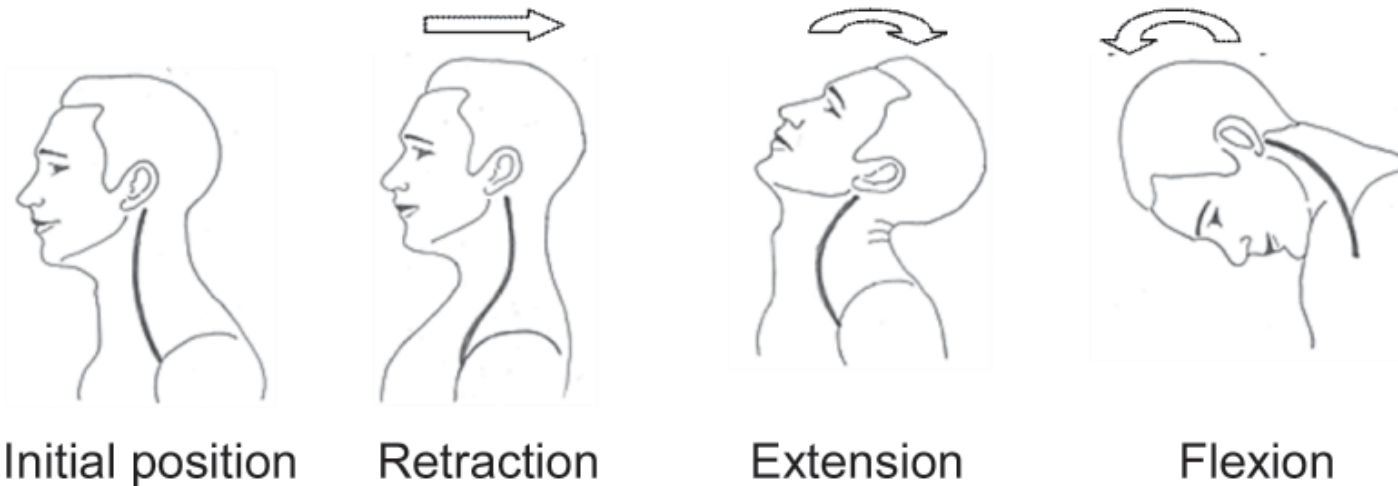
## Rear end impacts

■ Whiplash Injuries ■ Other injuries

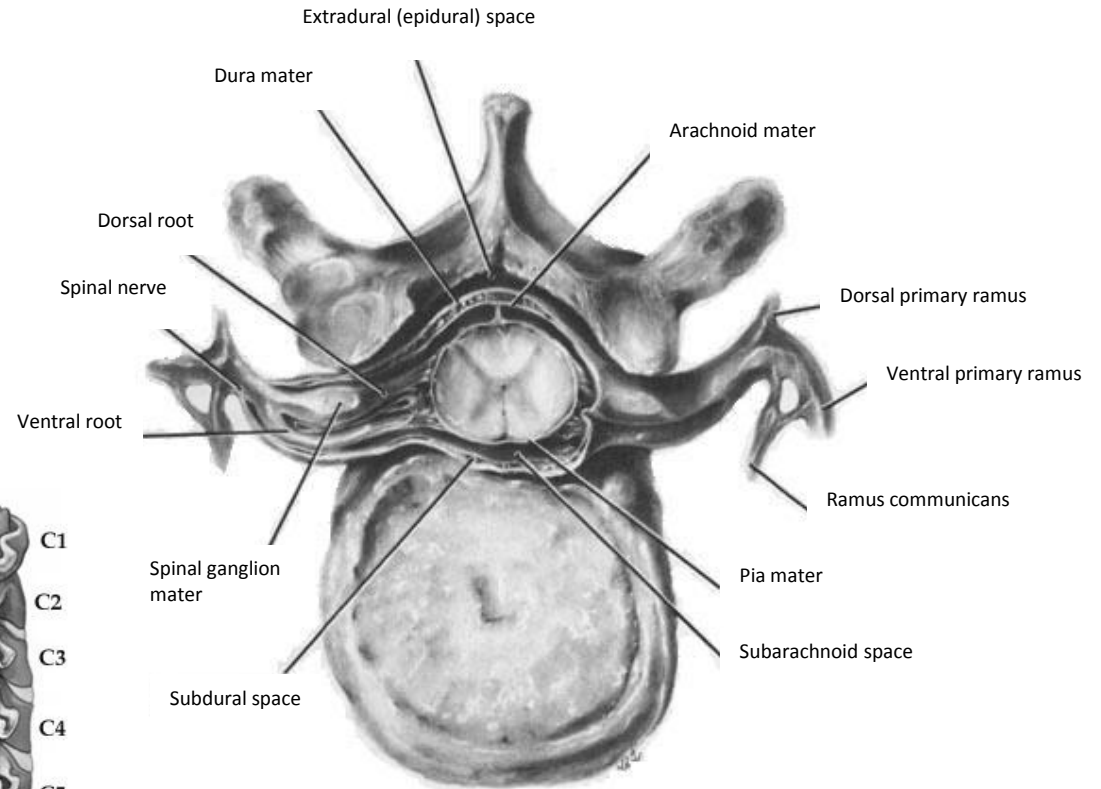
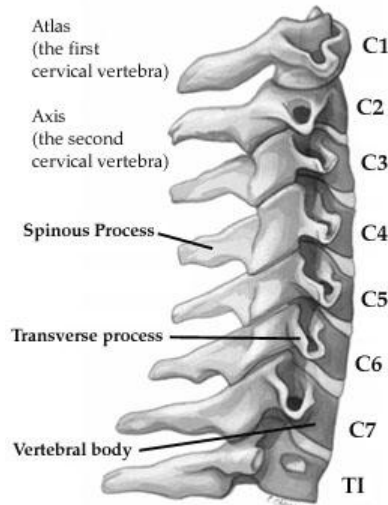


# Whiplash Injury

- Hyper extension of the neck
- Low speed rear-end impacts (16-24 km/h)



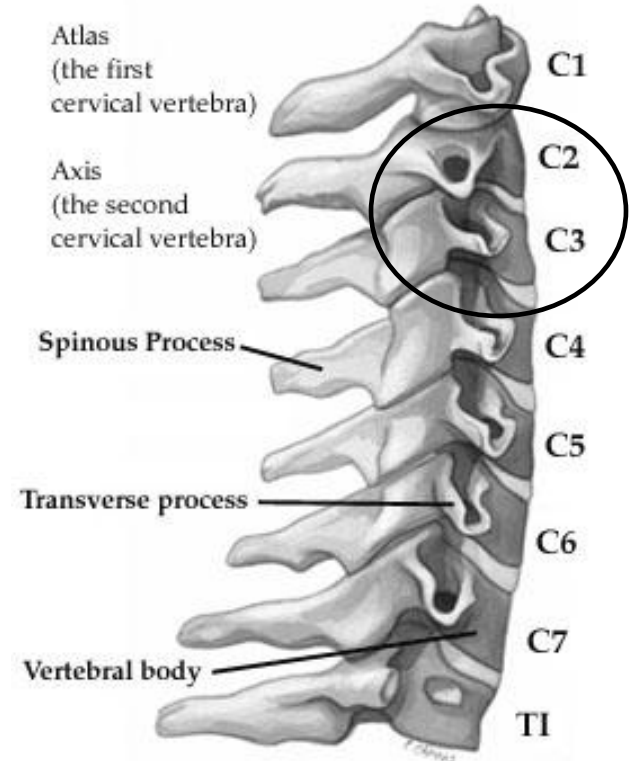
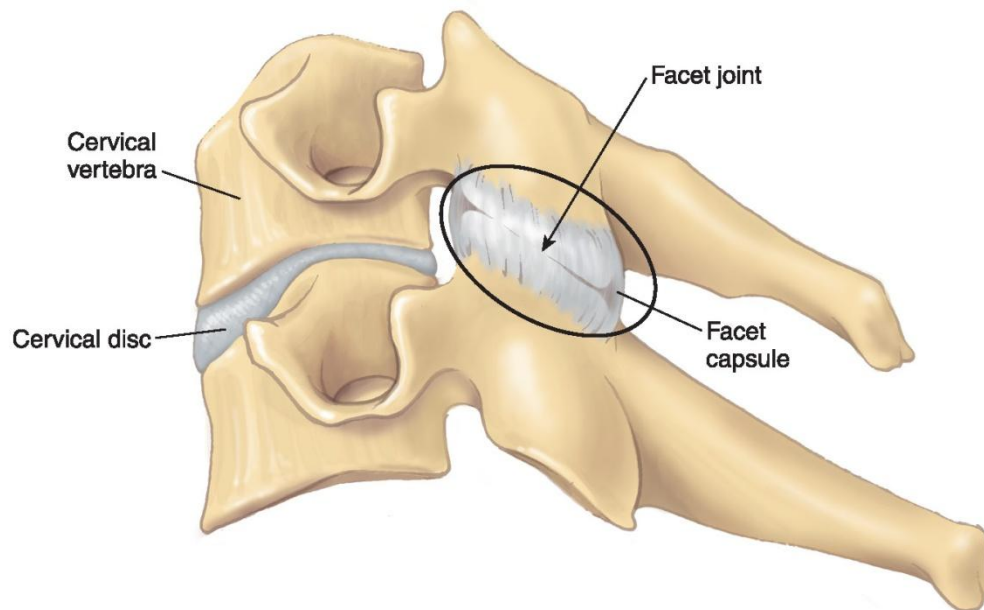
# Anatomy - Human Vertebral Column



# Injury Mechanisms

## Facet Joint Capsule Strain

- Impingement of the capsule
- Strain due to deformation





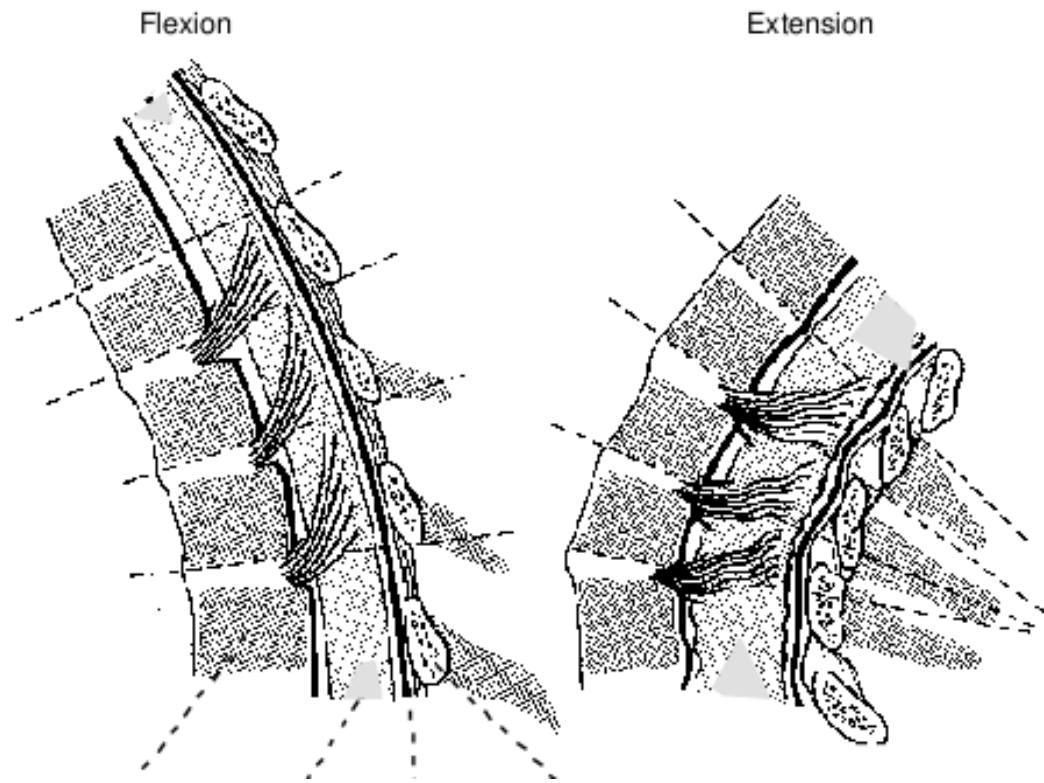
# Injury Mechanisms

## Pressure Gradients in Spinal Canal

Volume change



Pressure gradient



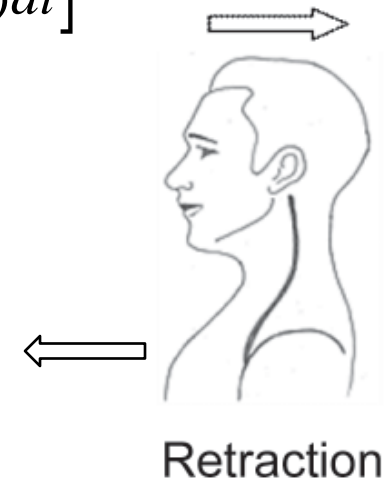
# Injury Criterion

## Neck Injury Criteria (NIC)

$$NIC = 0.2 \cdot (T_{1Accel} - Head_{CgAccel}) + \left[ \int (T_{1Accel} - Head_{CgAccel}) dt \right]^2$$

Calculated at maximum retraction phase

Critical limit of  $15 \text{ m}^2/\text{s}^2$



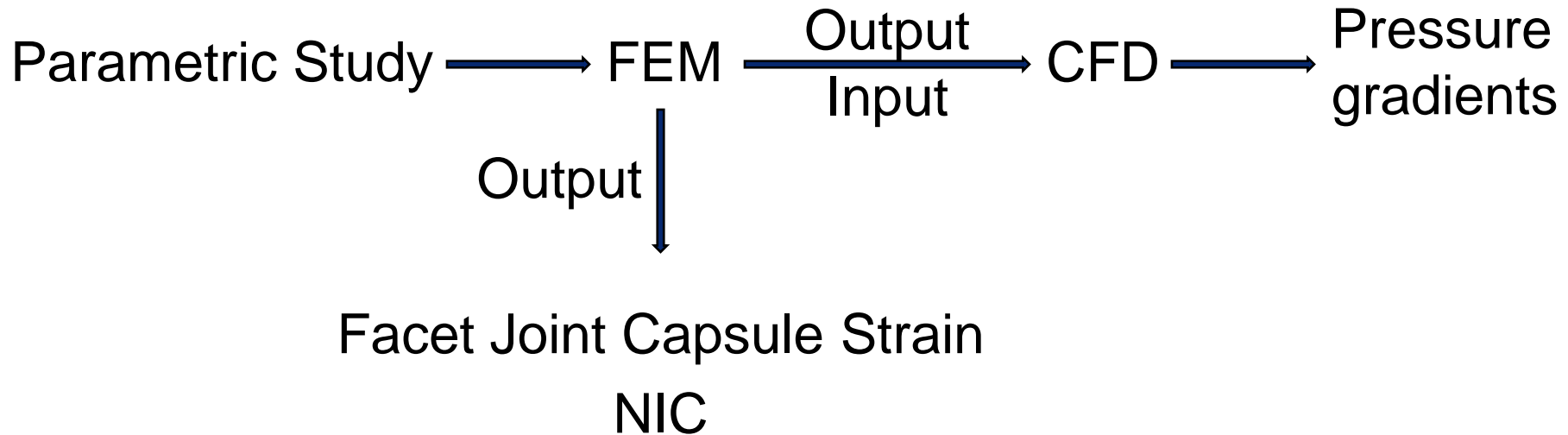
# Objective

Investigate the effect of different parameters on:

- Facet joint loadings and NIC → FE simulations (LS-DYNA)
- Pressure gradients → CFD simulations (OpenFOAM)



# Procedure

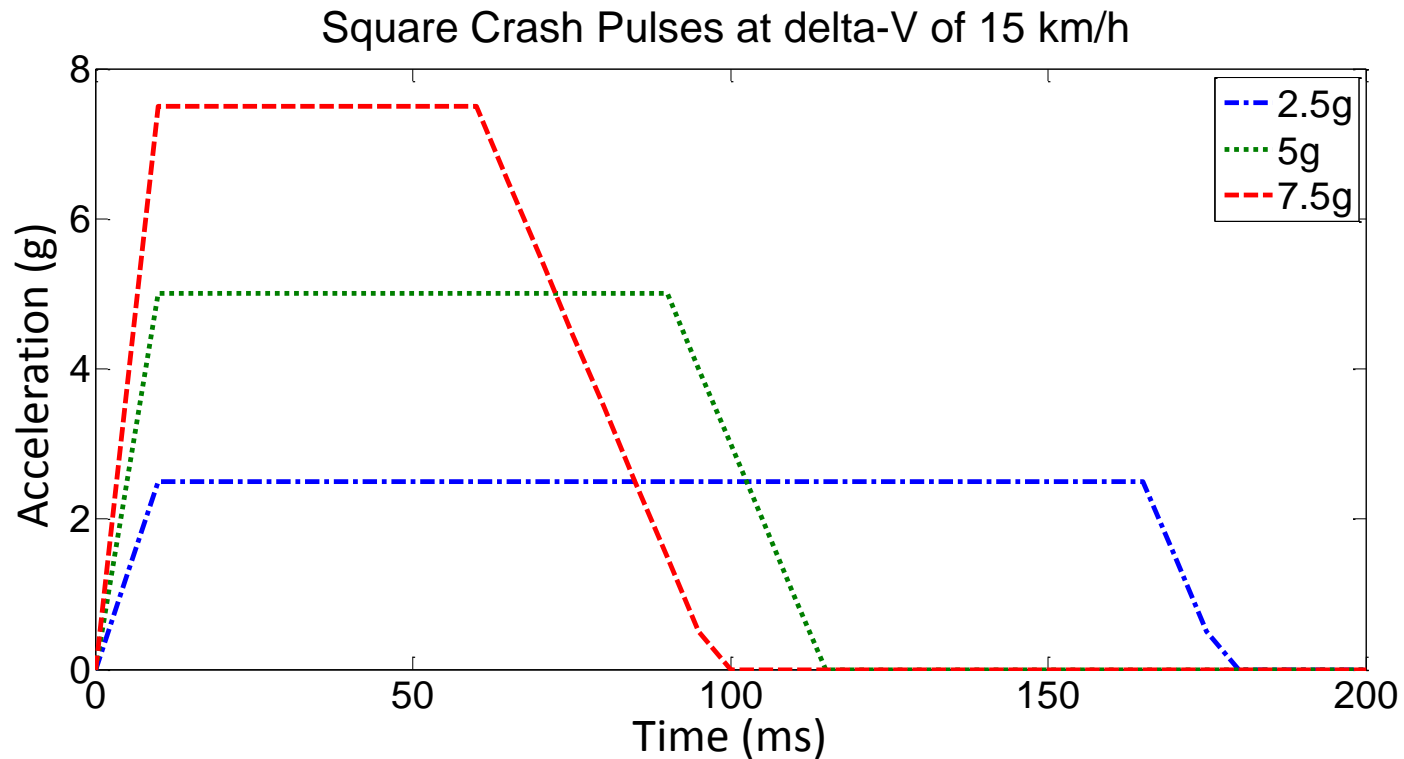


# Parametric Study



# Parametric Study

## Crash pulses



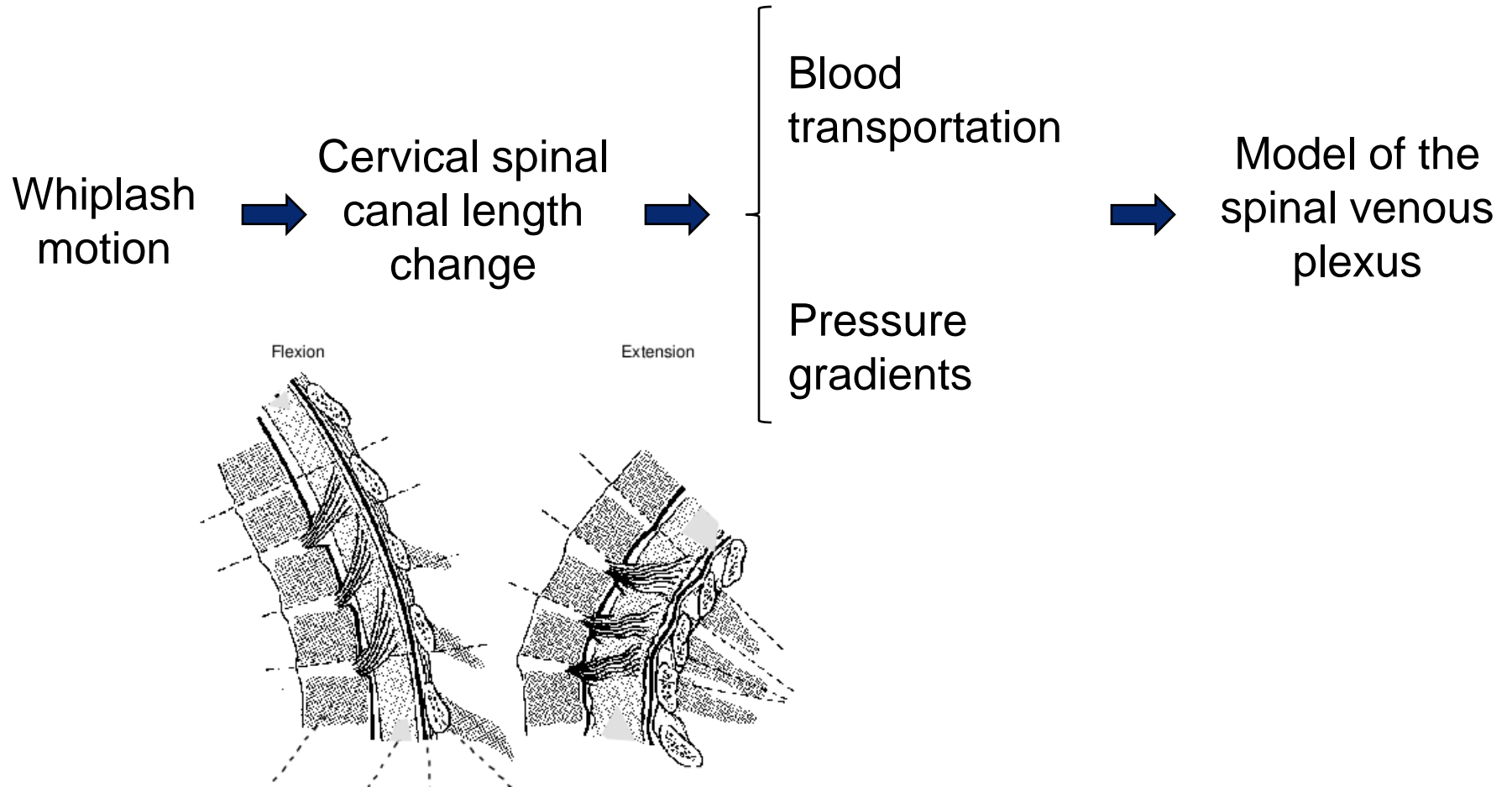
# FE modelling





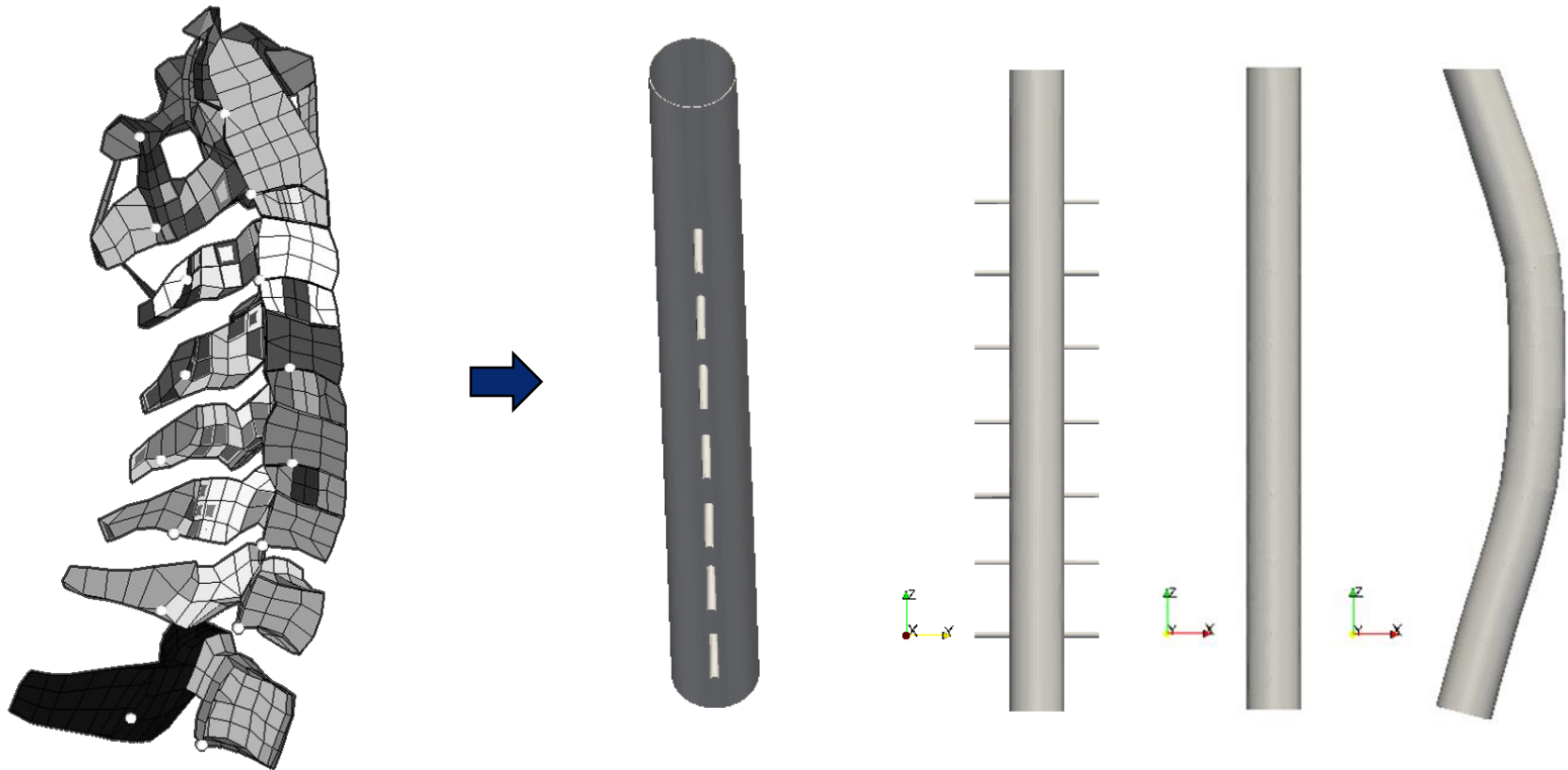
# CFD

## Theoretical model



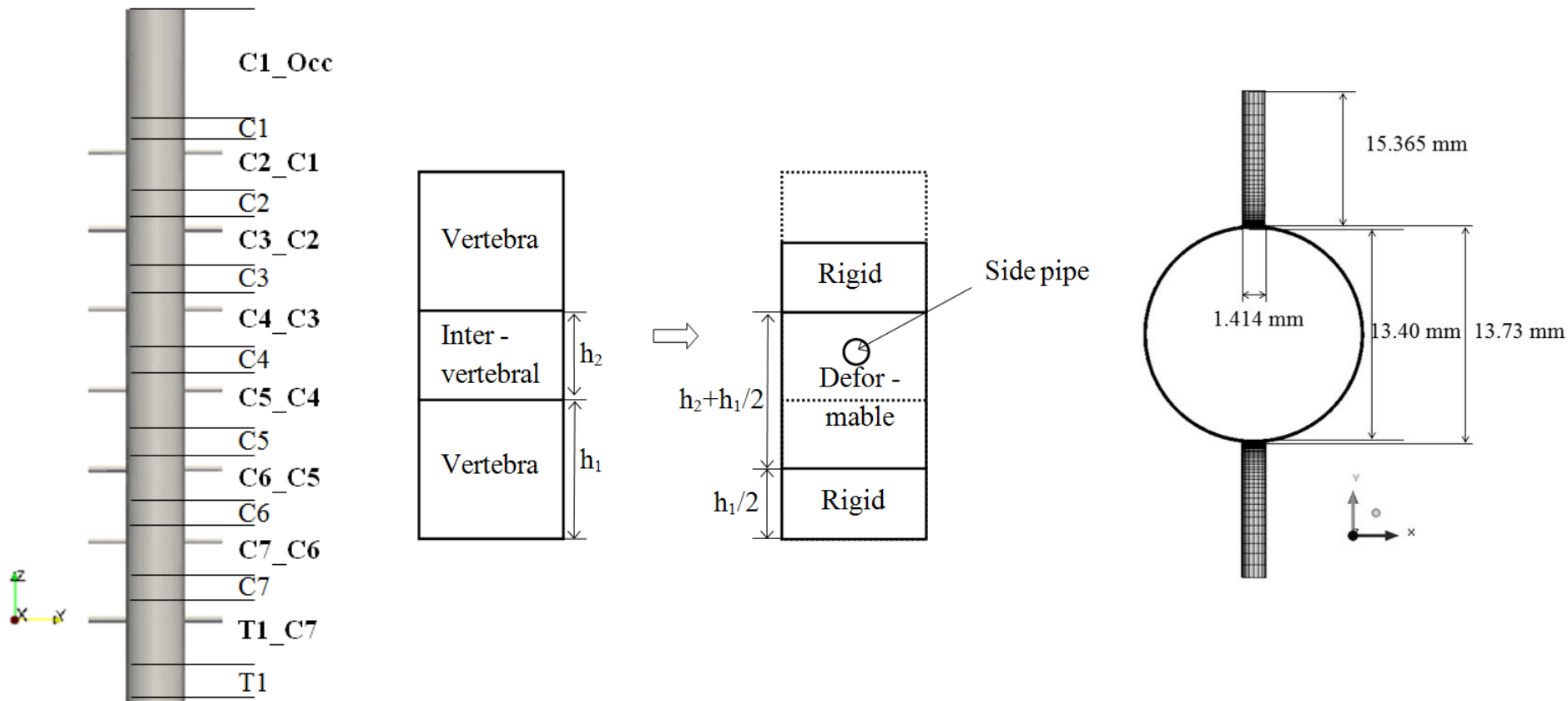
# Geometrical model

Spinal venous plexus modelled with respect to the THUMS



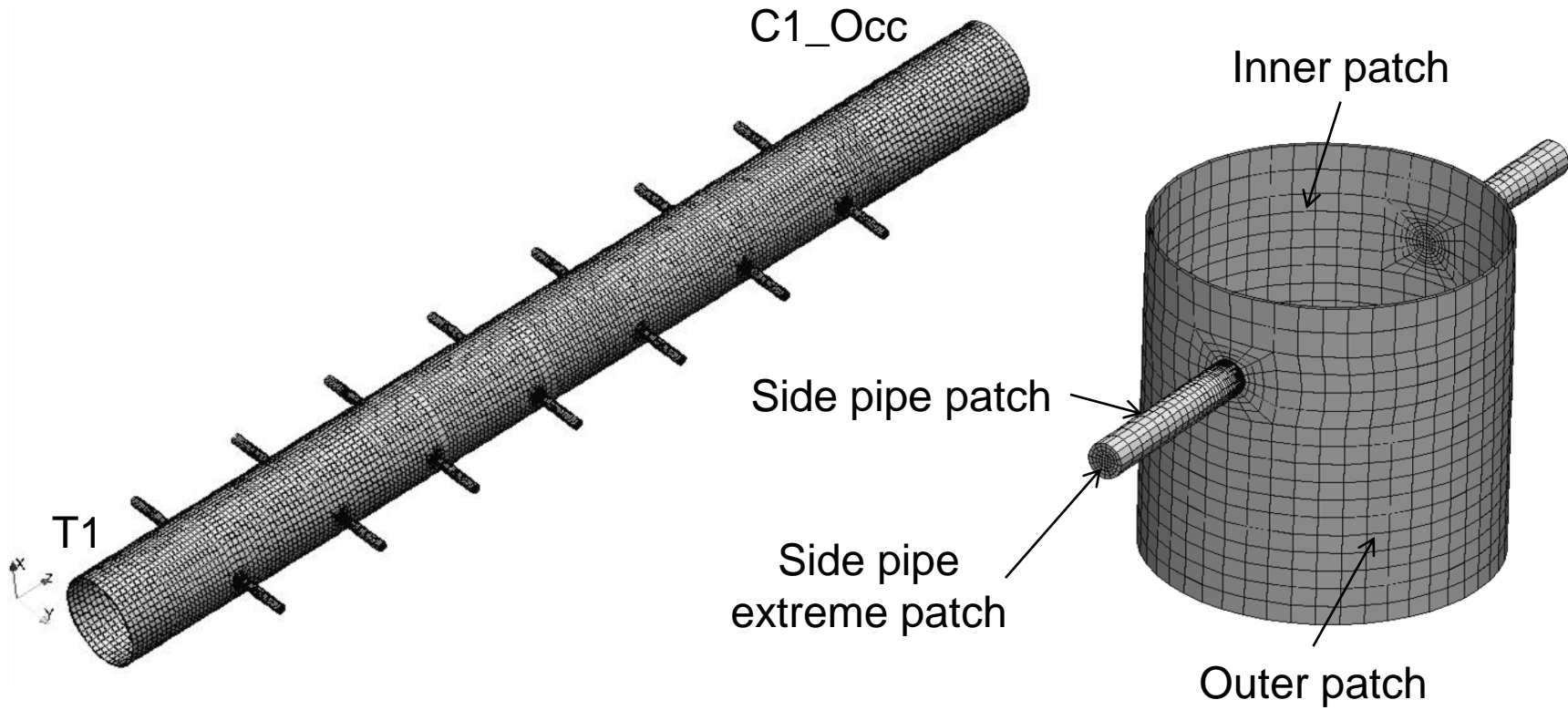
# Geometrical model

Different zone heights and top view

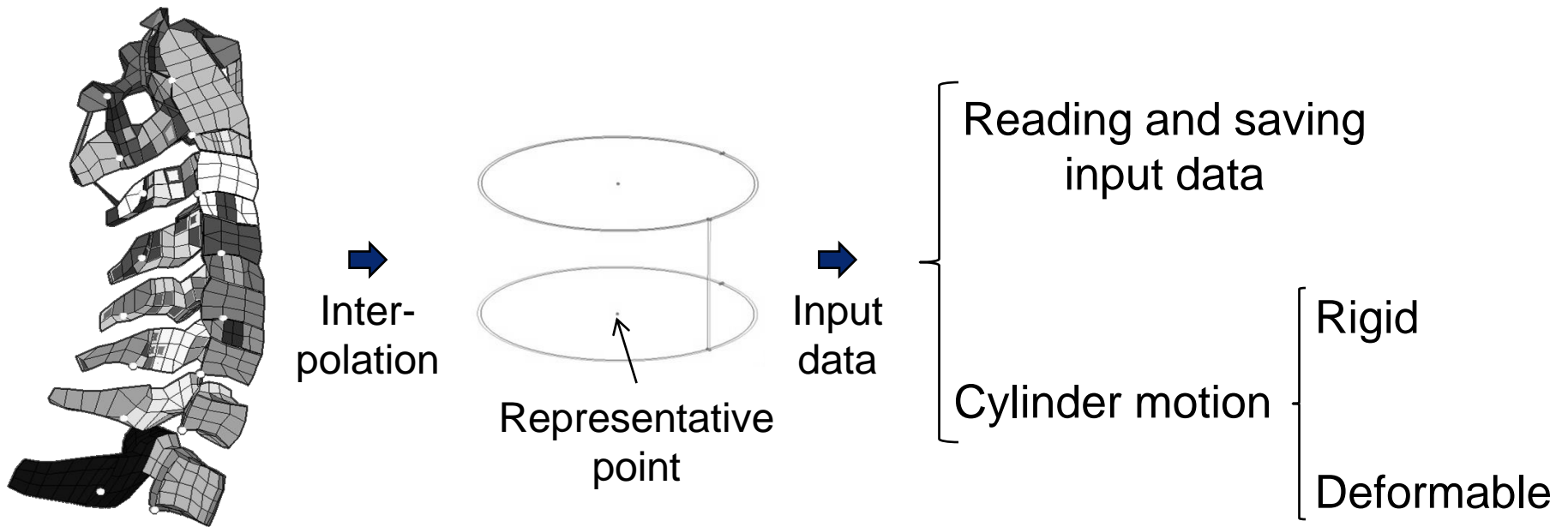


# Geometrical model

The mesh

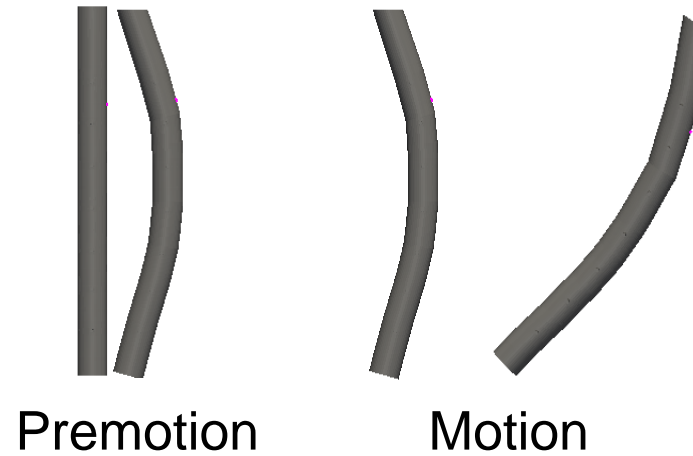


# Kinematic model



a) Rigid cylinders

→ Extrapolation of the motion  
in two steps



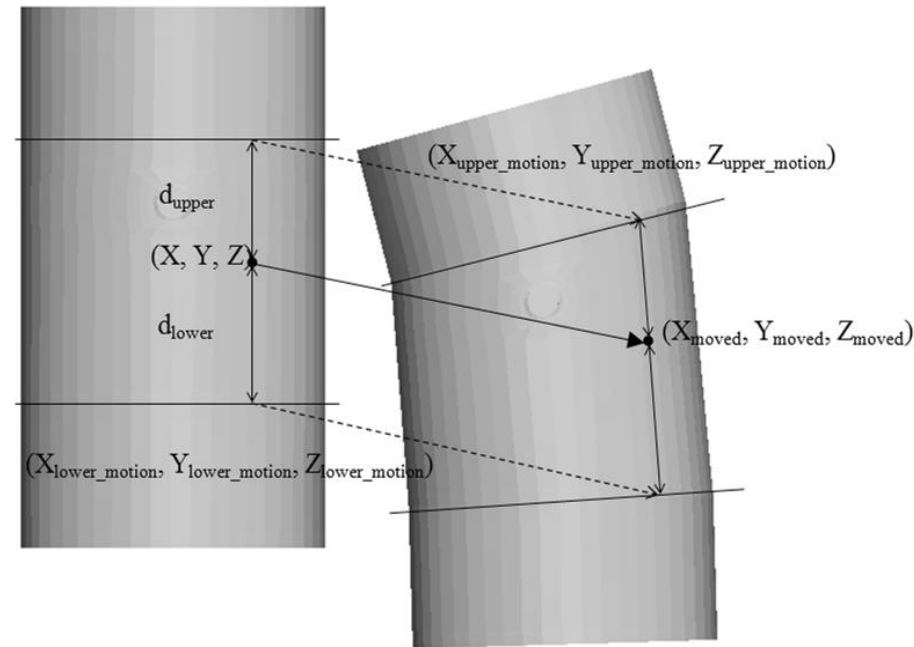
b) Deformable cylinders

→ Interpolation of the  
rigid cylinders  
motion

Upper rigid cylinder

Deformable cylinder

Lower rigid cylinder



## Fluid dynamic properties

- Blood →
- Newtonian
- Laminar flow

Properties	Value
Density, [kg/m <sup>3</sup> ]	1050
Dynamic viscosity, [kg/ms]	0.0035
Kinematic viscosity, [m <sup>2</sup> /s]	$3.33 \cdot 10^{-6}$

## Boundary conditions

- Extremes of side pipes and main pipe → Inlet/Outlet
- The rest of the model → Wall

## Solver

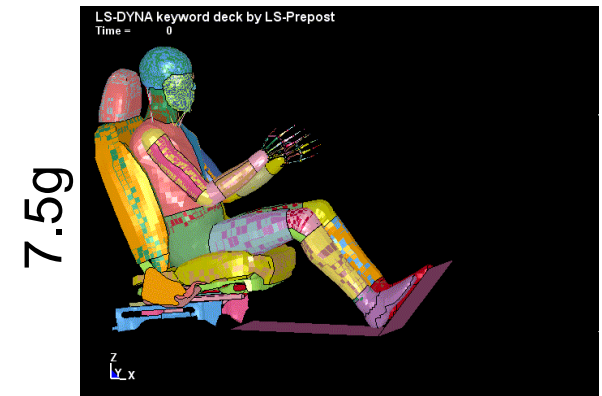
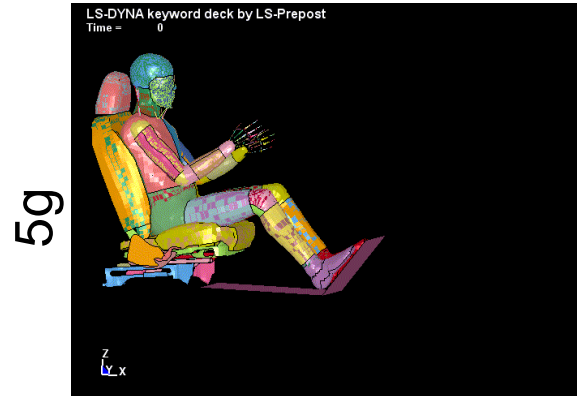
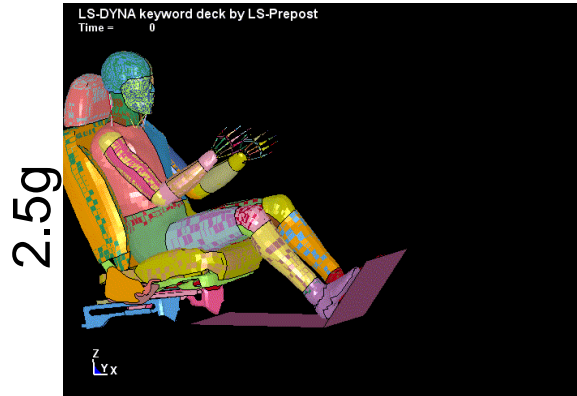
- For incompressible fluid based on PISO and SIMPLE



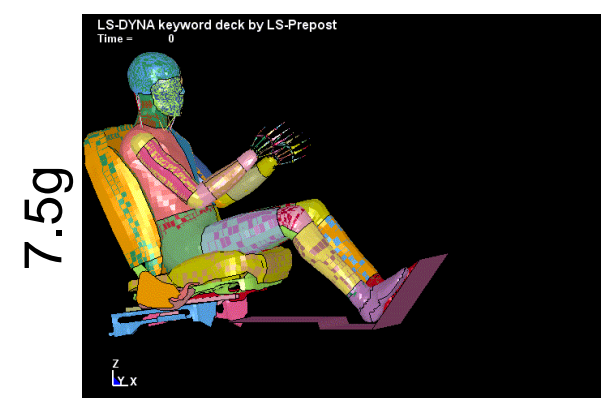
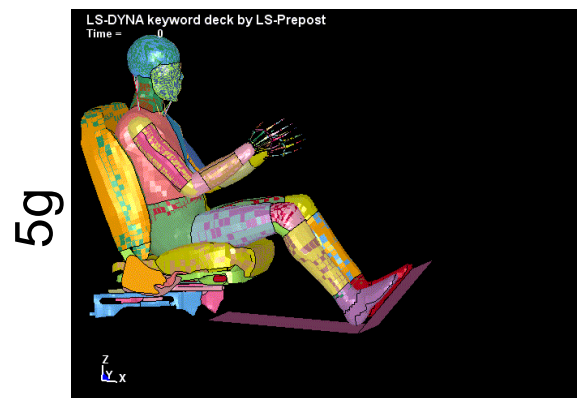
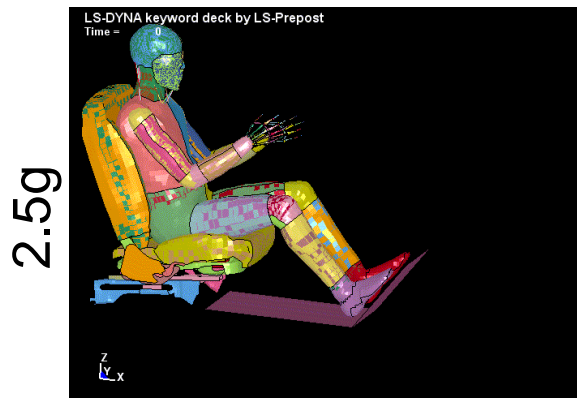


# Motion

With head restraint

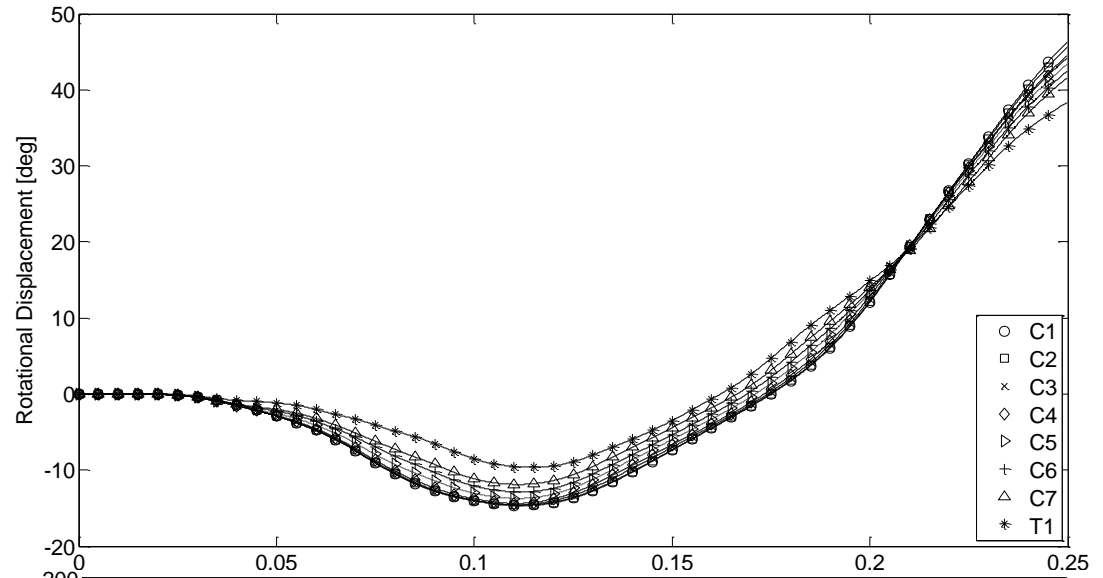


Without head restraint

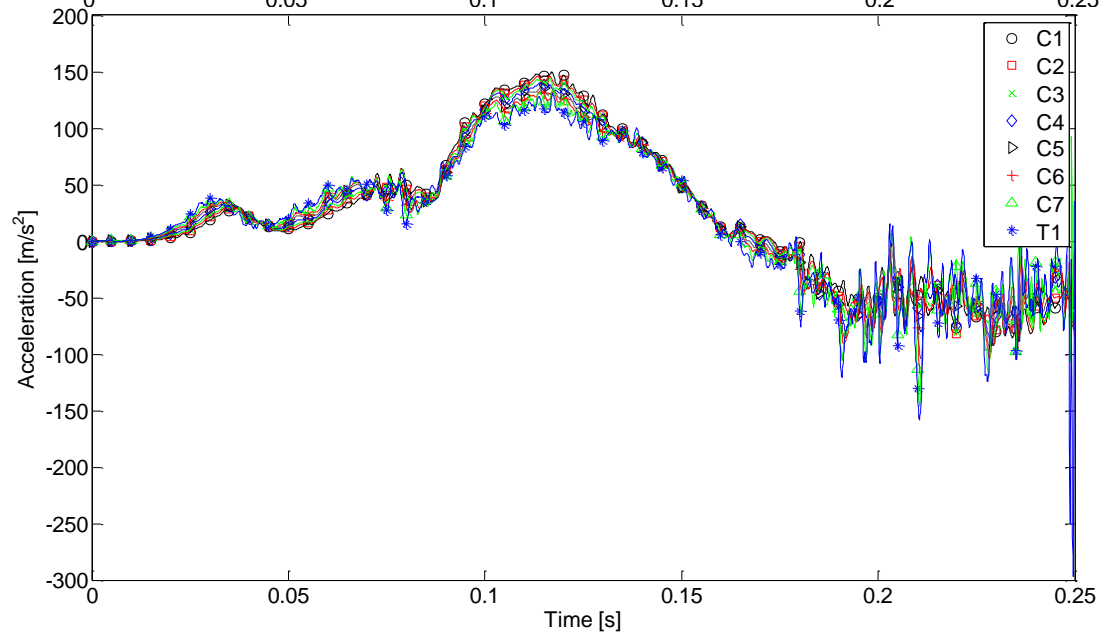


# Motion

Rotational displacement  
around Y axis



Longitudinal acceleration



Max. Extension at 0.115 s

# Motion verification



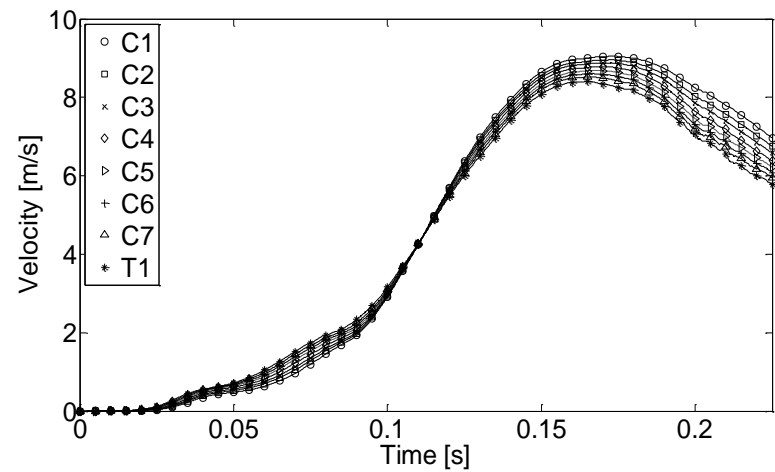
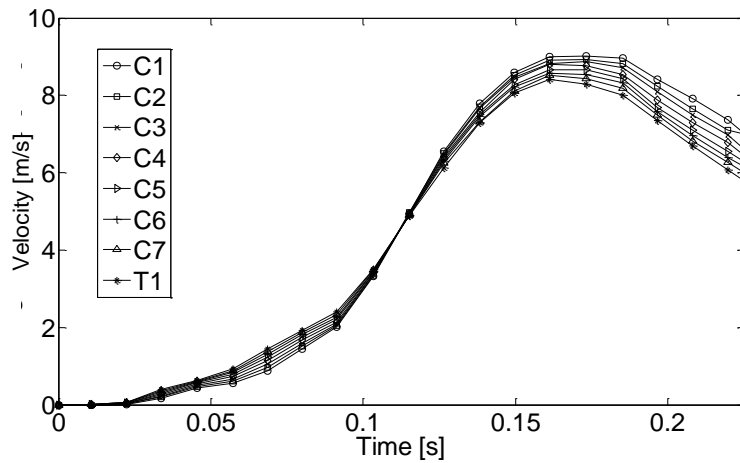
Position and shape of the blood vessels network  
Simulation with 5g of acceleration pulse and head restraint

Time: 0.000000 s

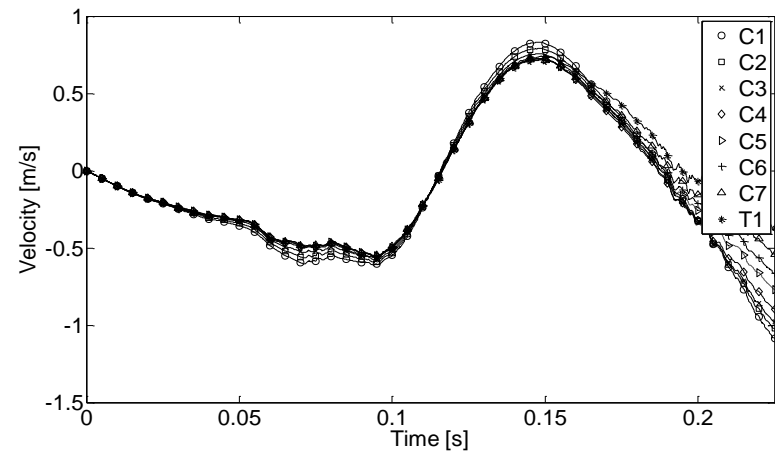
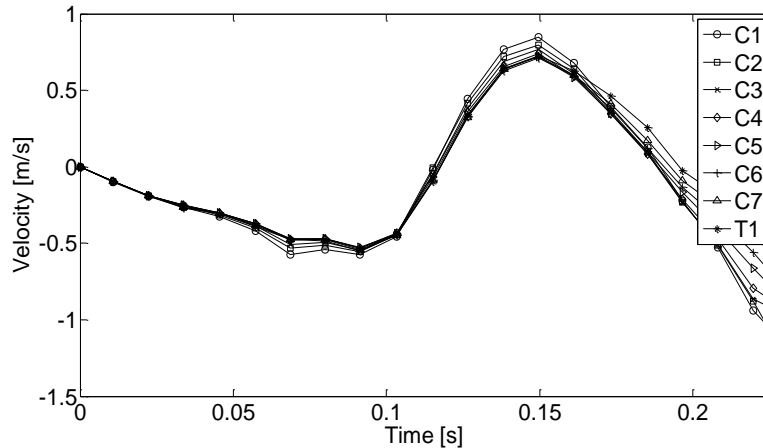
Andreu Oliver Gonzalez  
OpenFOAM 1.5-dev

# Motion verification

## Longitudinal velocity



## Vertical velocity



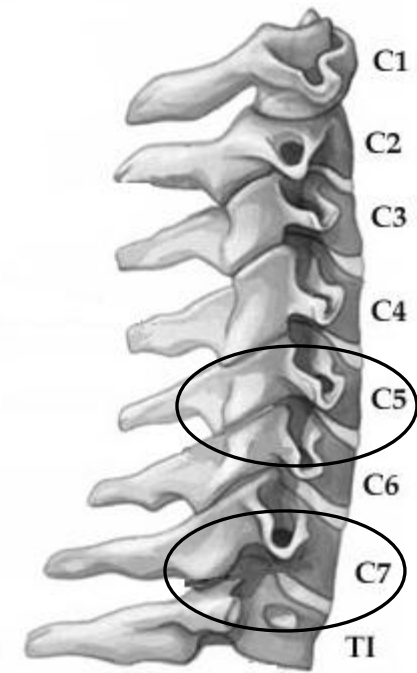
C  
F  
D

F  
E  
M

# FE simulations

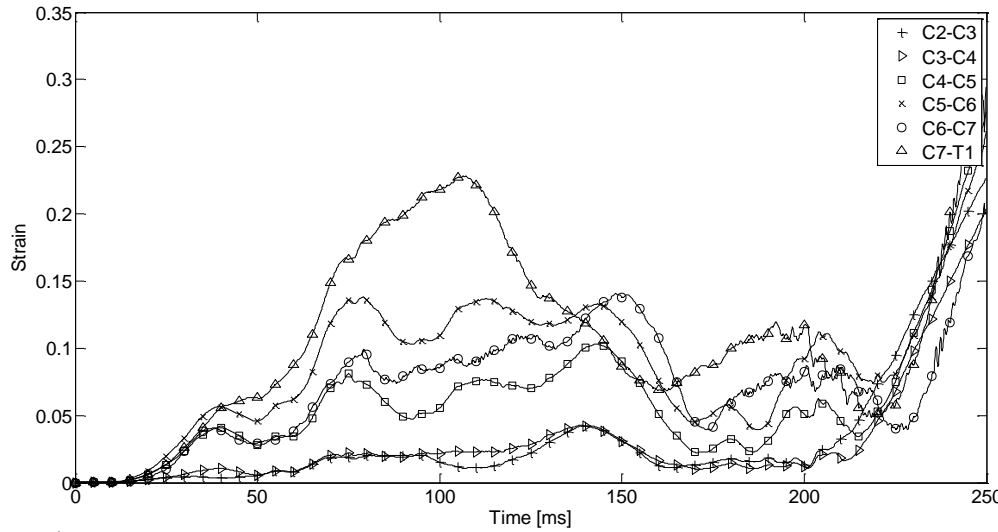
## Facet Joint Strains

Acceleration Pulses	Strains (With Head Restraint)					
	C2 - C3	C3 - C4	C4 - C5	C5 - C6	C6 - C7	C7 - T1
2.5g	0.0342	0.0368	0.1309	0.2062	0.1883	<b>0.2151</b>
5g	0.2265	0.2037	0.2759	0.2612	0.2076	<b>0.2944</b>
7.5g	0.2893	0.2633	0.3482	0.3290	0.2843	<b>0.3763</b>
Strains (Without Head Restraint)						
2.5g	0.1715	0.1712	0.4301	<b>0.7561</b>	0.5989	0.5792
5g	0.4814	0.3383	0.5117	<b>0.9172</b>	0.6456	0.5791
7.5g	0.4029	0.3088	0.5132	<b>0.9236</b>	0.6067	<b>0.9326</b>

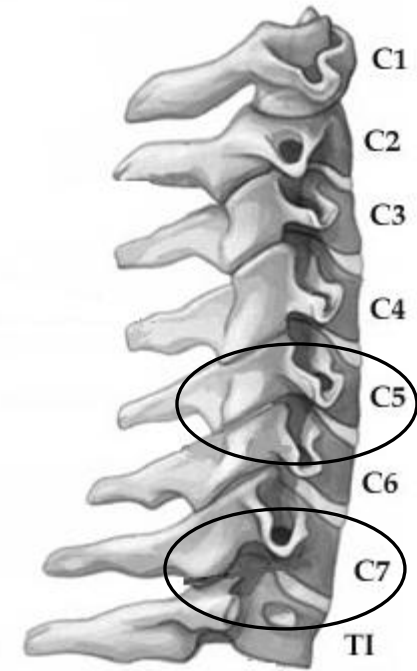
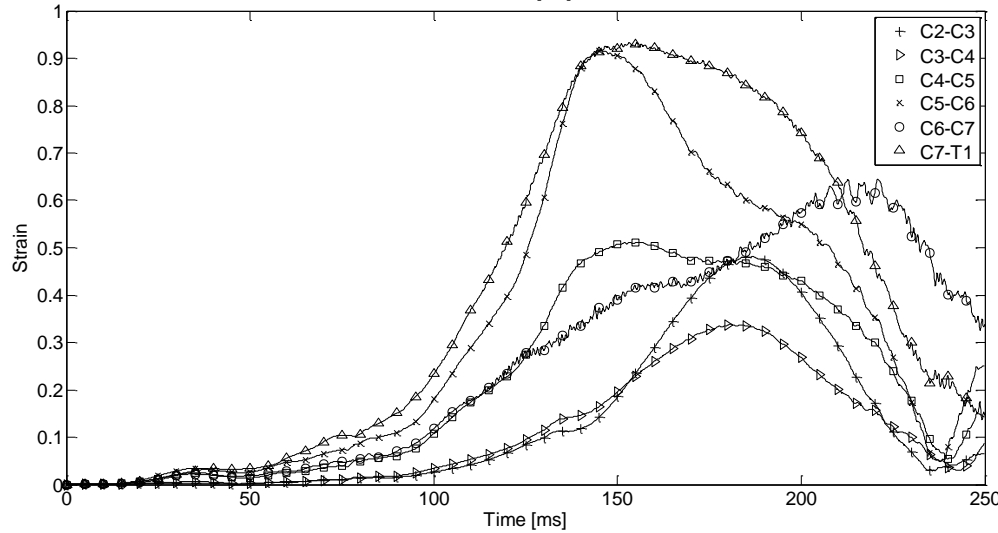


# Facet Joint Strains - 5g

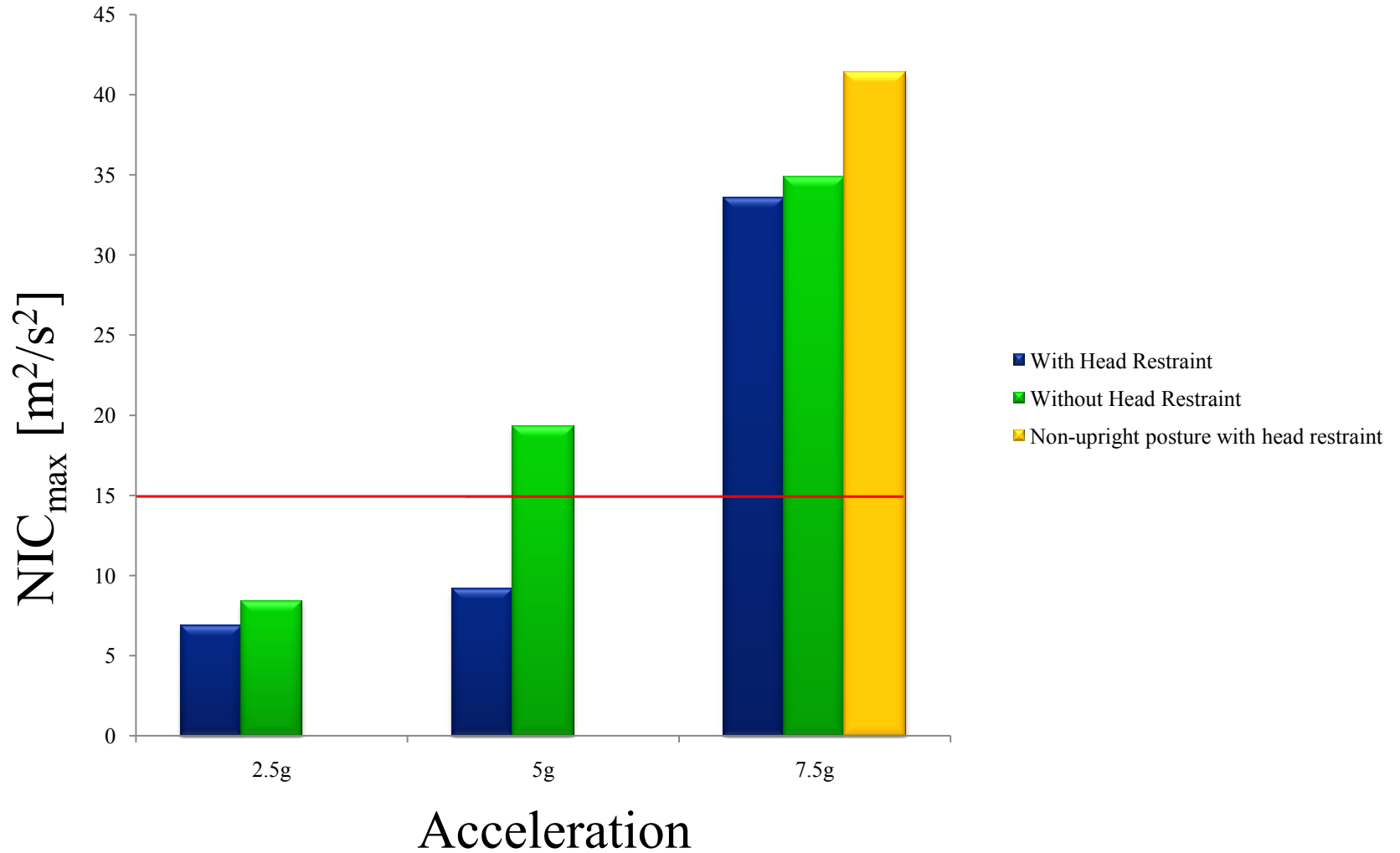
With head  
restraint



Without head  
restraint



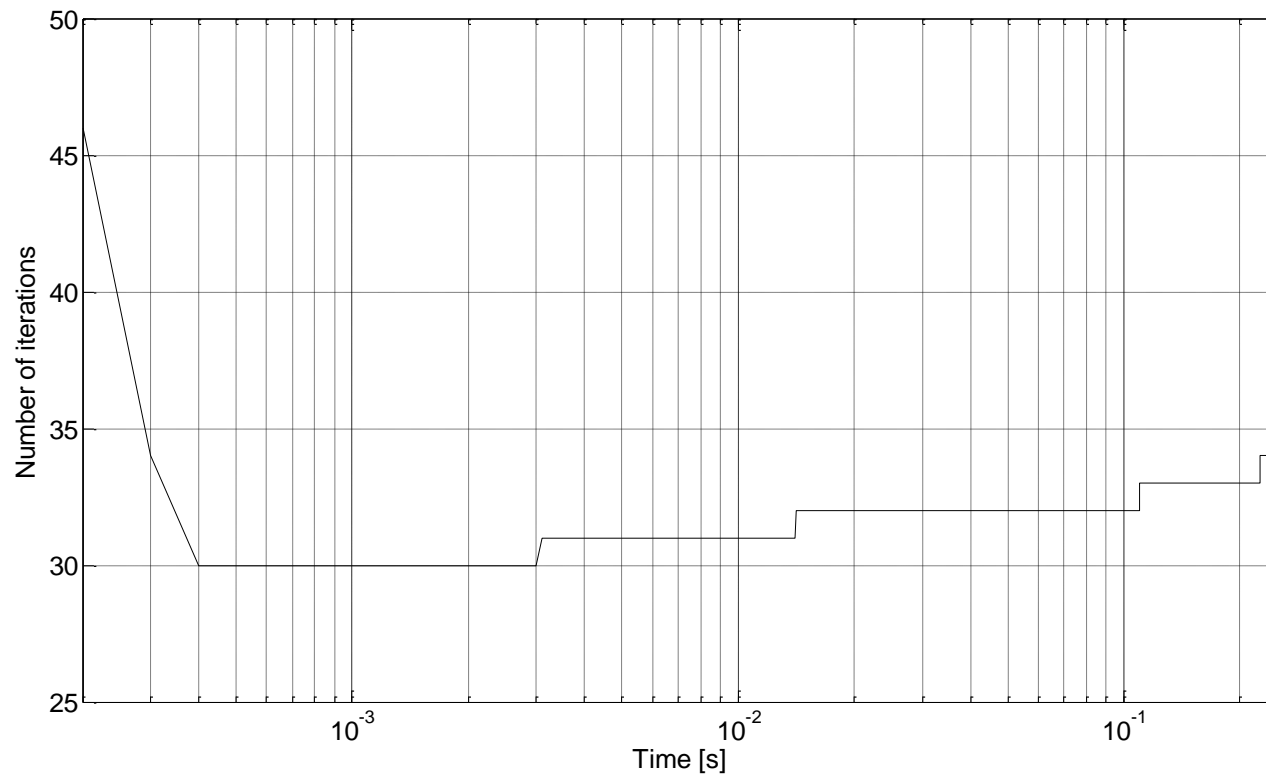
# Neck Injury Criterion (NIC)



# CFD simulations

## Convergence

- All time steps should fully converge





# Behaviour of Pressure

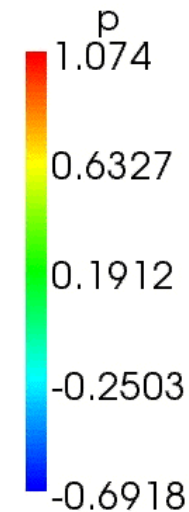
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OpenFOAM 1.5-dev

Relative pressure

Simulation with 5g of acceleration  
pulse and head restraint

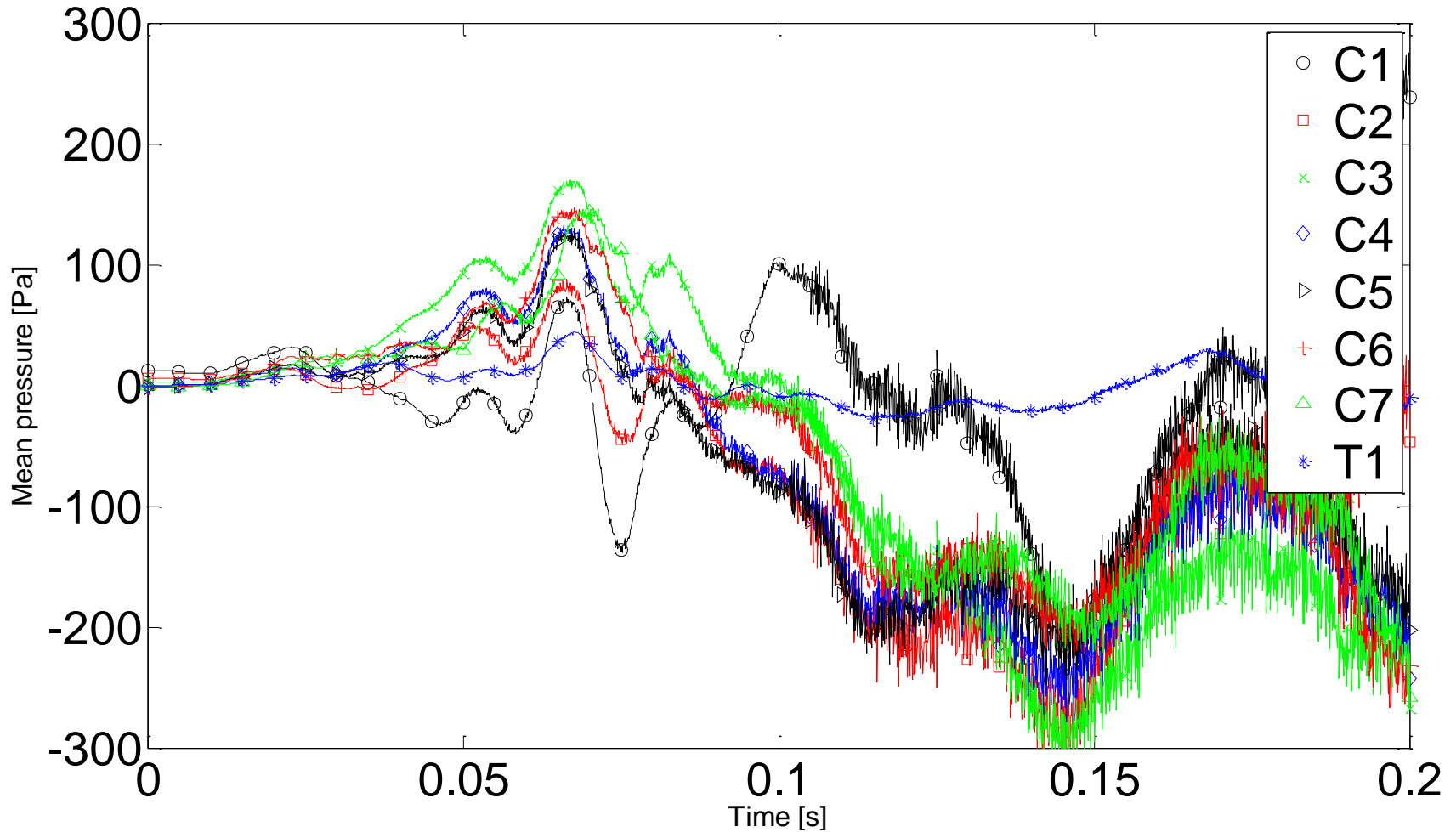
Time interval:  
from 0.0700 to 0.0750 s

Time: 0.000000 s

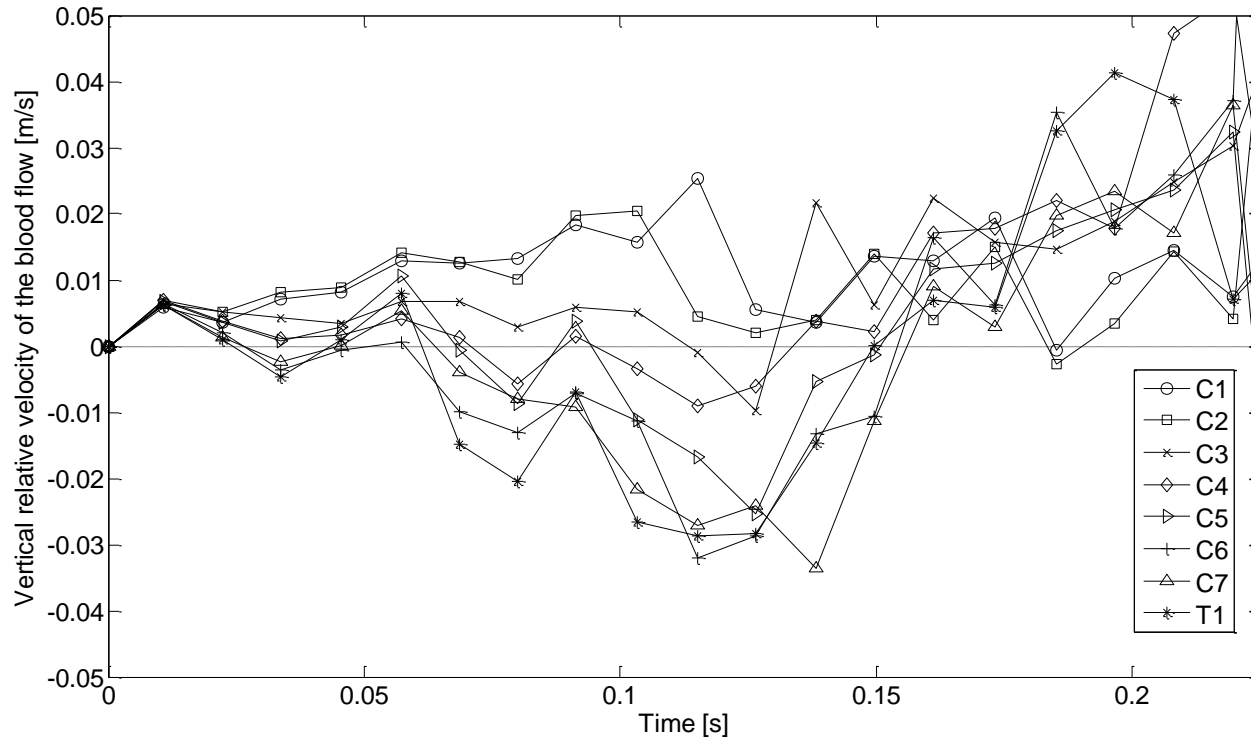


# Behaviour of Pressure

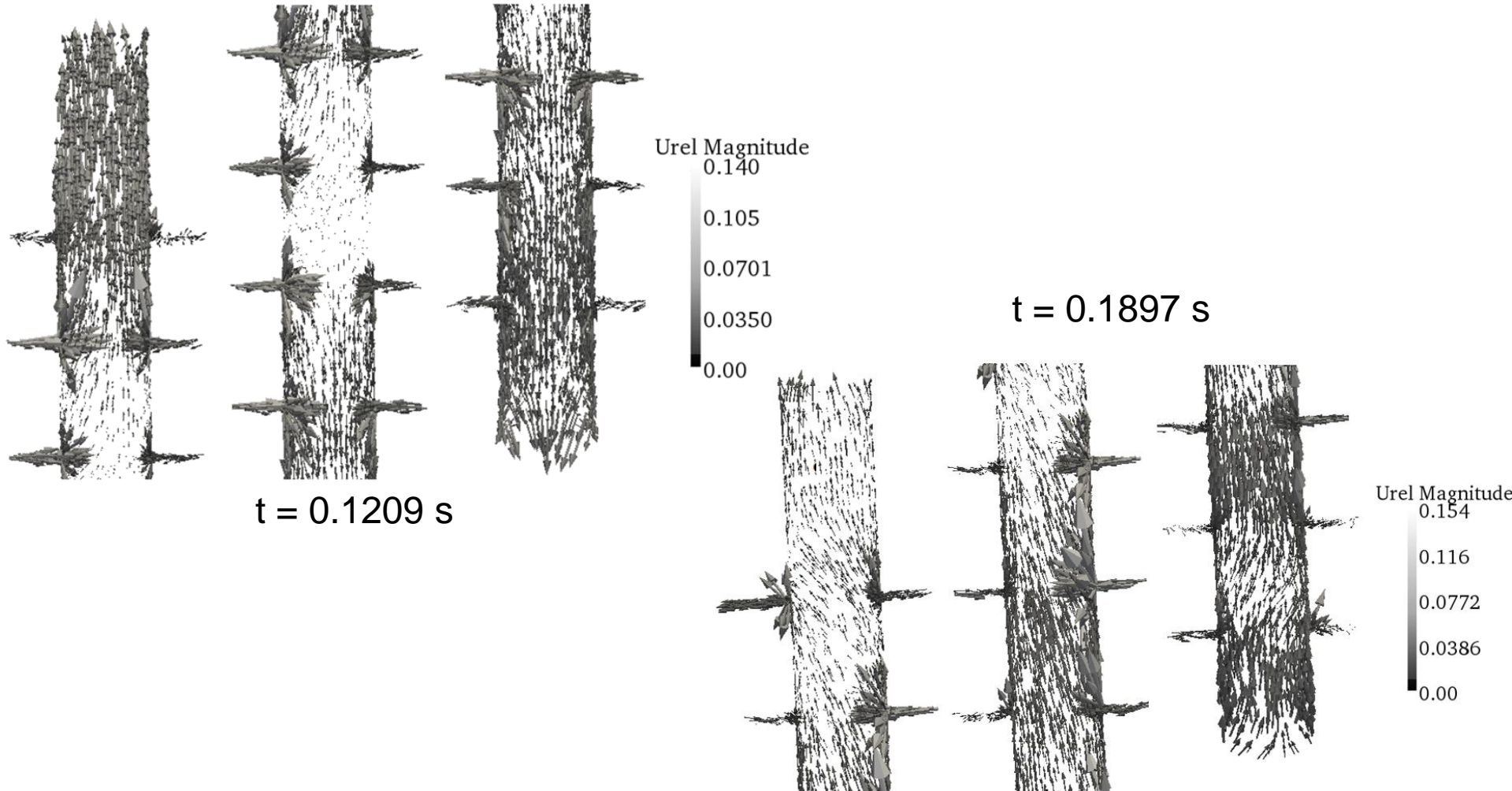
Mean pressure of the different solid cylinders



# Behaviour of Velocity



# Behaviour of Velocity



# Conclusions

- Head restraint {
  - NIC ↓
  - Facet joint strains ↓
- Ford Taurus Seat – Underperforms for 7.5g
- The CFD solver should be based on SIMPLE algorithm

# Future Scope

- FEM simulations
  - Broader parametric study
  - Physiological factors for male and female
  - Analysis of  $N_{km}$
- CFD simulations
  - Consider blood compressibility and vein flexibility
  - Use geometry without hole
  - Include flow resistance when exiting the model
  - Deformation in radial and axial direction



THANK YOU FOR YOUR ATTENTION



Questions?